When a child, spouse, or relative struggles with addiction it impacts the whole family. If someone you love is addicted to drugs or alcohol, feelings of anger, frustration and helplessness are normal. Sometimes it’s hard to know where to turn for help and what help even looks like. That’s why CBH is proud to introduce our new family support group SAFE. This free and flexible group is dedicated to providing information, resources and help for individuals with loved ones suffering from addiction.

**SAFE | SUBSTANCE ABUSE FAMILY EDUCATION**

Join us weekly as your schedule allows.

**IN HAMILTON**

**MONDAYS FROM 6:00 PM - 8:00 PM**

Zion Lutheran Church
212 S. Front Street | Hamilton, OH 45011

**IN MIDDLETOWN**

**WEDNESDAYS FROM 5:30 PM - 7:30 PM**

Breiel Boulevard Church of God
2000 N. Breiel Blvd. | Middletown, OH 45042

The SAFE group will be led by a variety of Community Behavioral Health staff with clinical expertise in mental health and addiction services. Each week we will begin with an educational focus addressing areas of concern faced by many friends and family members of addicts. We will then have ample time for discussion and question and answer sessions to ensure your specific needs are addressed.

For additional information contact

Stephanie Brashear
(513) 868-5125
SBrashear@community-first.org

**COMMUNITY BEHAVIORAL HEALTH**’s mission is to support, treat and rehabilitates individuals in need of behavioral health services. We offer an array of mental health, alcohol and drug, child and adolescent, and employment assistance services and programs to meet these diverse needs of Butler County and the surrounding area.

We are certified by Ohio Mental Health and Addiction Services Department and funded by the Butler County Opiate Task Force and the Butler County ADAS Board. Visit [www.CBH-Services.org](http://www.CBH-Services.org) to learn more about our services.